



## Annual Three-Day Events

### «Yiannis Kouros 2026»



## ***1st International Double Marathon “Yiannis Kouros 2026” 1st International Half Marathon “Nikitaras 2026”***

The Municipality of Tripoli, as part of the Annual Three-Day Events established in Honour of YiannisKouros

### **ANNOUNCES**

#### **Track and Road Races**

In cooperation with the following bodies:

**Gymnastics Association of Arcadia**

**EAS–SEGAS Peloponnese Region**

**“YiannisKouros – Beyond the Limits”**

#### **A 1st International Double Marathon “Yiannis Kouros 2026”**

Date: **Sunday, 20 September 2026**

Route: **Tripoli – Alonistaina – Vytina – Levidi – Tripoli**

The race was established by **Unanimous Decision of the Municipal Council of Tripoli** [348/1-7-2025].

Event Coordination: **“YiannisKouros – Beyond the Limits”**

#### **B 1st International Half Marathon “Nikitaras 2026”**

Date: **Saturday, 19 September 2026**

Start: **AnoDoliana, Arcadia**

Finish: **Areos Square, Tripoli**

The race is a personal choice of YiannisKouros and a moral duty of the homeland to honor the liberating action and fighting spirit of the **Hero** of the Greek Revolution, **Nikitas Stamatelopoulos – Nikitaras**.

Event Coordination: **“YiannisKouros – Beyond the Limits”**

#### **C Track & Field Events: “Yiannis Kouros 2026”**

Date: **Saturday, 19 September 2026**

Venue: **Municipal Sports Centre (DAK) of Tripoli**

Categories: **U12 – U14 – U16 – U18 – Men / Women**

**AMKE “Τιάννης Κούρος – Πέρα από τα Όρια” - “Yiannis Kouros – Beyond Limits” n.p. CLC**

**ELIANOU 4, TK 112 54, ATHENS - VAT 802559548 - +306944595100**

**[www.yianniskouros.gr](http://www.yianniskouros.gr) - [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)**



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Event Coordination: **Gymnastics Association of Arcadia – EAS–SEGAS**  
**Peloponnese Region**

***NOTE:** A separate announcement will be published for the Track & Field Events, which will include the events and the participation categories.*

### A– PARTICIPATION in the 2026 Races

#### 1. Application for Participation – Website – Email

- a. Applications for participation must be submitted **exclusively** by completing the **Official Registration Form** and sending it to the Race Secretariat.
- b. The registration form template is available on the website [www.yianniskouros.gr](http://www.yianniskouros.gr)
  - i. in the section “**1st International Double Marathon Yiannis Kouros 2026**”, and
  - ii. in the section “**1st International Half Marathon ‘Nikitaras 2026’**”
- c. Interested participants must fill it out typed or handwritten—according to the provided instructions—and send it by email to [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)
- d. By submitting the participation form, **the athlete simultaneously declares that:**
  - i. They fully and unreservedly accept the terms of the Race Announcement and the strict implementation of the Regulations of the Event
  - ii. The personal data they provide are true and accurate
  - iii. **They fully consent and grant the organizers the right** to use photos and videos of participants, acknowledging that:
    - a. Such material may be posted on the official race website and/or the Official Photography Service of the Event
    - b. It may remain publicly visible indefinitely, in accordance with the organizers’ contractual obligations
    - c. It will be available electronically after the race via the event’s website, at prices to be announced in due course.
- e. **It is emphasized** that all fields of the registration form must be fully completed; incomplete applications will not be accepted.
- f. The registration form may be submitted either personally by the athlete or by a third party, provided they can demonstrate proper authorization from the runner and that the runner consents to the disclosure of their personal data to the Event organizers.



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- g. Each runner has the right to apply for both races, and once participation is approved, they must provide the corresponding sponsorship contributions.

#### 2. Deadline for Submission of Participation Declarations

- a. The declarations must reach the Secretariat's electronic mailbox no later than **23:59 on July 15th, 2026** [15-07-2026].
- b. Due to the nature of the Double Marathon route, there is a limit on the number of participants. Only the first eighty (80) valid declarations will be accepted.
- c. Declarations received after the participant limit has been reached, or after the deadline, or sent by any other means will not be accepted.

#### 3. Approval of runners' participation and payment of participation fee

- a. Participation declarations will be received by the **Secretariat**, and within **48 hours** of receipt, runners will be notified that their declaration has been received.
- b. The declarations will be reviewed by the **Admissions Committee**, and runners who are accepted will be informed **within 7 days** of the receipt of their declaration.
- c. Accepted runners must, **within seven (7) days** of receiving their approval, **pay the participation sponsorship fee** in order to confirm and validate their participation (the amount of the sponsorship and payment instructions are provided at the end of the announcement.)
- d. After their participation is confirmed, athletes may proceed to arrange their training, travel to Tripoli, and possible accommodation in the area.
- e. Only runners who have officially and timely registered and have paid the participation sponsorship fee are eligible to take part in the Races.
- f. If runners require additional information, they should send their inquiries to [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)

#### 4. Health Condition

- a. By submitting the entry form, runners declare, in a binding manner, that their physical and mental health is in excellent condition and that they are capable of participating in such demanding races.
- b. By submitting the entry form, runners declare, in a binding manner, that they take part in the races at their own responsibility.



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- c. The organizers bear no responsibility for any medical incidents occurring during the race that result from a lack of prior preventive medical examination.

#### **5. Participation Criteria for the Double Marathon 2026**

a. **Age:** Eligible to participate in the **Double Marathon 2026** are runners **born in 2006 or earlier.**

b. **Participation in Similar Races – Performance Requirements:**

1. In order to be accepted, runners must meet at least one of the following two conditions (a or b):
  - a) They must have finished at least three (3) marathon races held during the years 2022, 2023, 2024, 2025, or 2026 within the framework of official events recognized by **AIMS**, with a finishing time of less than 4 hours and 45 minutes (4h:45m).  
*[The eight certified events listed in the relevant SEGAS table are: “Athens Marathon – The Authentic”, “Alexander the Great Marathon – Thessaloniki”, “International Thessaloniki Night Marathon”, “Kalamaria Coast Marathon”, “Roads to Rhodes Marathon”, “Messini Marathon”, “Nafplio Marathon” and “Chania Marathon”]*
  - b) They must have completed an official 100 km race outside Greece with a time of less than 12 hours, and/or any longer-distance race regardless of time.
2. The dates and races in which the athlete finished, as well as their exact corresponding results, must be accurately recorded — under penalty of exclusion — in the relevant fields of the participation declaration form, so that verification can be carried out.

#### **6. Participation Criteria for the Half Marathon 2026**

- a. **Age:** Eligible to participate are runners **born in 2008 or earlier.**
- b. **Participation in Similar Races:** It is recommended that Half Marathon runners have previously participated in several similar races and/or have trained adequately for this specific distance.

**It is explicitly stated that athletes who do not meet these criteria are not entitled to submit a participation declaration.**

#### **7. Accreditation of participants**

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- a. Runners who have been informed of their acceptance and have paid the participation sponsorship fee may collect from the organizers their race number and the provided equipment as follows:
  - For the **Double Marathon**: between **17:00 and 22:00** on **September 19th, 2026**.
  - For the **Half Marathon**: between **10:00 and 14:00** on **September 19th, 2026**.
- b. Collection will take place at a venue to be announced in due time, upon presentation of an identity card or another official identification document, such as a passport or driver's license.

## B. – CONDUCT OF THE RACES

### 1st International Double Marathon “YiannisKouros 2026”

1. **Date:** The 1st International Double Marathon “Yiannis Kouros 2026” will take place on **September 20th, 2026**.
2. **Start:** **Statue of Theodoros Kolokotronis, at Areos Square, Tripoli.**
3. **Finish:** **Municipal Sports Center of Tripolis (Stadium)**
4. **Route:**
  - a. **The route, starting from Tripoli**, follows paved roads through *Silimna – Kato Davies – Piana – Alonistaina – Vytina – Vlacherna – Levidi – Palaiopyrgos – Artemisio – Ancient Mantinea – Skopi – Merkouvouni – Tripoli*.
  - b. **Route modification:** If deemed necessary for serious reasons, the Race Organizing Committee or the Police Authorities may alter the runners' route at certain points along the course.
5. **Start Time:****08:00** on **September 20th, 2026**
6. **Runner Arrival:**
  - a. Participants who do not wish to use their own means of transport will have the option, at their own expense, to use a special KTEL (buses operating urban or interurban road transport services) service, which will depart at 12:00 on Saturday, 19 September 2026, from Athens to Tripoli. They must be at the departure point at least forty-five (45) minutes before departure, that is, at 07:15 on Sunday, 20 September 2026.
  - b. Participants who will use their own means of transport must be at the departure point at least forty-five (45) minutes before departure, that is, at 07:15.



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7. **Time Limit:** The maximum time for completion of the race is **eleven (11) hours**.
8. **Race Completion:** Runners are considered to have completed the race upon crossing the finish line within the specified time limit.
9. **Weather Conditions:** The race will take place on the announced time, **regardless of weather conditions**.
10. **Medical Coverage and Emergency Assistance:**
  - a. The race will be covered by doctors, nurses, and ambulances, stationed along the route at **Alonistaina, Vytina, Levidi**, and the **Finish area**.
  - b. In serious cases requiring **Immediate Assistance**, the medical staff and ambulance will reach the point within a short time frame.
11. **Refreshment and Physiotherapy Support:**
  - a. During the race, and for a maximum duration of eleven (11) hours, there will be refreshment points every three to four kilometers, which may include: water, soft drinks, and isotonic beverages.
  - b. Physiotherapy will be provided exclusively at designated points/stations, where, in addition, refreshments [water, soft drinks, isotonic beverages, food], the possibility to change clothing, massage, and treatment of minor injuries will be available.
  - c. **Medication** will be administered only in extreme situations and in accordance with the instructions of the authorized medical team.
  - d. **Change of Refreshment Stations:** Under special circumstances (e.g., road works, danger to runners, adverse weather, etc.), any refreshment or control point (C/P) may be relocated without prior notice.
12. **Control Points:**
  - i. To ensure the race proceeds smoothly within the prescribed eleven (11) hours, **Intermediate Control Points** will be set up. Each runner must pass these points within the designated maximum time, confirming their ability to finish within the time limit.
  - ii. The kilometric position of each Control Point (C/P) and the maximum allowed passing time are as follows:
    - Alonistaina – 3h:15m
    - Vytina – 5h:00m
    - Levidi – 7h:25m
  - iii. The exact location of the control points may be adjusted depending on conditions and the requirements for safe timekeeping.

### **1st International Half Marathon "Nikitaras 2026"**



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1. **Date:** The *1st International Half Marathon "Nikitaras" 2026* will take place on **19-09-2026**.
2. **Start:** The marble bust of Nikitaras at **Ano Doliana village**.
3. **Finish:** The statue of Theodoros Kolokotronis at **Areos Square in Tripoli**.
4. **Route:** The route, starting from Ano Doliana, follows paved roads towards Tripoli: Marble bust of Nikitaras – Astros-Tripoli Provincial Road –Stadium– Agios Sostis –Tegea Street – Grigoriou Lambraki – Kolokotronis Square – Agios Vasileios Square – Areos Square – Statue of Kolokotronis.
5. **Route modifications:** If deemed necessary due to serious reasons, the Race Organizers or the Police Authorities may modify the runners' route at certain points along the course.
6. **Start Time: 17:00** on **19-09-2026**.
7. **Runner Arrival:**
  - a. Participants who do not wish to use their own means of transport will have the option, at their own expense, to use a special KTEL (buses operating urban or interurban road transport services)service departing at 12:00 on Saturday, 19 September 2026, from Athens to Tripoli. From there, they will also depart on a special KTEL coach service at 15:15 in order to arrive at the Starting Point at 16:15.
  - b. Participants who will use their own means of transport must be present:
    - i. either at the Starting Point at least forty-five (45) minutes before the start, that is, at 16:15
    - ii. or at the Finish Point at least one hour and forty-five (1:45) before the start, that is, at 15:15, so that – at their own expense – they may use the special KTEL coach service and arrive at the Starting Point before 16:15.
8. **Time Limit:** The race completion time is set at **three [3] hours**.
9. **Race Completion:** Runners are considered to have completed the race when they cross the finish line within the designated time limit.
10. **Weather Conditions:** The race will take place on the announced time, regardless of weather conditions.
11. **Medical Coverage and Immediate Assistance:**
  - a. The race will be covered by doctors, nurses, and ambulances moving along the route from start to finish.
  - b. In serious cases requiring **Immediate Assistance**, medical personnel and the ambulance will reach the location promptly.
12. **Refreshments:**



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- a. During the race, and for a maximum duration of three (3) hours, there will be refreshment points every three to four kilometers, which may include: water, soft drinks, and isotonic beverages.
- b. Physiotherapy will be provided exclusively at designated points/stations, where, in addition, refreshments [water, soft drinks, isotonic beverages, food], the possibility to change clothing, massage, and treatment of minor injuries will be available.
- c. **Medication** will be administered only in extreme situations and in accordance with the instructions of the authorized medical team.

#### **13. Delivery of Personal Belongings**

- a. At least 30 minutes before the start time, runners must have completed the delivery of their personal belongings, which will be collected after the finish.
- b. Belongings must be placed inside the special storage bag provided to runners during registration.
- c. It is strictly forbidden to place personal identification documents, money, valuables, medication, or other items of value in the storage bag, as the organizers accept no responsibility in case of loss.
- d. The runner's number must be clearly and prominently displayed on the outside of the bag, and no liquids in any container are allowed.
- e. Bags will be returned near the finish line upon presentation of the original race number (bib number).
- f. The organizers will not accept any other items apart from the storage bag, neither personal food or drink items.

#### **Changes, Postponement and/or Cancellation of the Races**

1. **Postponement of start or Cancellation of the Race:** only in cases of exceptional and unforeseen circumstances, such as major natural disasters or other serious events of force majeure, the Organizing Committee reserves the right to decide on the postponement of the start, or the cancellation of the race. (In such cases, the participation sponsorships will not be refunded to the registered runners)
2. **Race Modifications:** in the event of exceptional circumstances, the Organizing Committee reserves the right to change the race program, the terms of participation, and the overall organization of the event without prior notice, by posting the relevant decision on the official race website to inform the athletes and the public.



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### Winners, Awards, and Prize Ceremony

1. **Declaration of Winners:** winners of the race — both men and women — are those who, in each category, complete the race and are the first three runners to cross the finish line.
2. **Winners' Awards:**
  - a. The top three male and top three female runners in the Overall Ranking of both races will receive medals and diplomas.
  - b. Specifically, for the **1st International Double Marathon “Yiannis Kouros 2026”**, and only if at least forty (40) male runners participate, in addition to the medal and diploma, the organization “**Yiannis Kouros – Beyond Limits**” will offer to the first three winners the following cash prizes, regardless of nationality:
    - i. 1st place: €300
    - ii. 2nd place: €200
    - iii. 3rd place: €100
  - a. Similarly, for the **1st International Double Marathon “Yiannis Kouros 2026”**, and only if at least twenty (20) female runners participate, in addition to the medal and diploma, the organization “**Yiannis Kouros – Beyond Limits**” will offer the following cash prizes, regardless of nationality:
    - i. 1st place: €300
    - ii. 2nd place: €200
    - iii. 3rd place: €100
  - b. The organization “**Yiannis Kouros – Beyond Limits**” will also offer the book “*The Six-Day Race of the Century*”, written by Yiannis Kouros to Greek students who distinguish themselves in the race.
3. **Awards – Closing Ceremony:**
  - a. The award ceremony for the winners of the Half Marathon will take place four hours after the start of the race.
  - b. The award ceremony for the winners of the Double Marathon will take place twelve hours after the start of the race.
  - c. All runners who successfully complete the race are invited to attend the Awards and Closing Ceremony, which will be held at a venue and time to be announced by the Organizing Committee.
  - d. Runners and members of their support teams attending the awards and closing ceremony are kindly requested to dress appropriately, in neat everyday clothing suitable for the occasion, or in their national costume.



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### C: REGULATIONS AND CONDITIONS GOVERNING THE COMPETITIONS

The races are conducted in accordance with the terms, conditions, and regulations set out in this announcement.

#### Obligations and Rights of the Runners – Sanctions for Violations

##### 1. Acceptance of Terms and Compliance:

- a. By submitting their registration form and participating in the races, runners accept the terms and rules of the event and are obliged to strictly adhere to them and follow the instructions of the Judges.
- b. By submitting their registration form and participating in the races, runners accept, under penalty of disqualification and/or cancelation, that they may — at any time before, during, or after the races — be subject to anti-doping control, either by the Organizing Committee or by another Greek or International authority.
- c. Runners, supporters, and all persons involved in the Race are required to comply with the above regulations in all their provisions.
- d. Runners, supporters, and all persons involved in the Race are obliged to follow any additional on-site instructions given by the Organizing Committee.
- e. **Violations** committed by members of a runner's support team will be attributed directly to the athlete.

2. **Judges:** The race will be supervised by officially authorized Judges, who have **full authority to impose the prescribed sanctions** for any violation committed by a runner and/or their supporter.

3. **Inspections:** The Judges, official officers, or other authorized representatives of the Organizing Committee may inspect at any time all runners, their supporters, and any vehicles related to the race.

4. **Evidence:** Any case of violation of the regulations may be examined using visual material (e.g., photos or video footage) from the organizers or any other individual or organization, in order to verify the circumstances under which the incident occurred.

##### 5. Reporting of Violations:

- a. Any runner or the head of their support team may report any violation committed by another runner or supporter.
- b. The report must be submitted in writing and delivered to an official representative of the Organizing Committee at the nearest checkpoint (C/P) or at the finish line, no later than fifteen (15) minutes after the official end of the race.

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#### 6. Objections/Protests:

- a. Any objection regarding a breach of the regulations must be submitted in writing to the Organizers no later than seven (7) working days after the official conclusion of the event.
- b. The official results will be announced within twelve (12) working days following the conclusion of the event.

#### 7. Violations and Penalties:

- a. In the event that a runner violates the rules of the Organizing Committee, the following sanctions may be imposed to him/her:
  - i. Cancellation of their participation
  - ii. Disqualification from the race
  - iii. Annulment of their race result
  - iv. Exclusion from future editions of the International Double Marathon “Yiannis Kouros” and/or the International Half Marathon “Nikitaras”

#### b. Penalty Escalation:

- i. In cases of rule violations by a runner, the Judges may issue a warning by showing the runner a “yellow card”.
- ii. Two yellow cards result in the immediate disqualification of the runner from the Race.

#### 8. Runners are removed, disqualified, or excluded from the race in cases of:

- i. Violation of any provision of the Race regulations.
- ii. Receiving unauthorized assistance of any kind.
- iii. Displaying unsportsmanlike behavior towards another runner, judge, or race official, either personally, or through members of their support team.
- iv. Failure to comply with the instructions of authorized race officials.
- v. Arriving after the designated time limit at intermediate Checkpoints (C/P).
- vi. Following an order from the officially authorized medical team of the race.

#### 9. Knowledge of Regulations:

- a. Runners and their supporters must be fully informed of the race regulations.
- b. Runners, as well as any other involved or interested parties, are required to attend all briefing sessions held before the start of the race, at the time and place designated by the Organizing Committee.

#### 10. Clothing and Appearance of Runners – Permitted Equipment and Supplies:

ΑΜΚΕ “Τιάννης Κούρος – Πέρα από τα Όρια” - “Yiannis Kouros - Beyond Limits” n.p. CLC

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- I. **Race participation number:**
  - a. Each runner will receive a race number (bib), which is strictly personal and may not be transferred to another person or altered in any way. All runners must visibly wear their race number (bib number) on their chest, and/or at any other point indicated by the organizers, unaltered and in the condition provided by the Organizing Committee.
  - b. Any modification of the race number will result in the immediate disqualification of the runner from the race and the cancellation of their result and ranking.
- II. **Flag, Country Name, Club Emblem:** Runners are allowed to display on their racing attire the flag of their country, the name of their country, or the emblem of their athletic club.
- III. **Prohibited Markings on Clothing:**
  - a. It is strictly forbidden for race clothing to display any words or symbols referring to ideologies, religious or political beliefs of any kind.
  - b. It is strictly forbidden for race clothing to display slogans, except those approved or indicated by the Organizing Committee.

### 11. Runners' Footwear:

- a. **All racing shoes** worn by each runner must comply with Article 5 (TR5) of the World Athletics technical regulations, including heel and sole dimensions, with a **maximum sole thickness of 40 mm**.
- b. **It is the runners responsibility** to ensure that the **shoes** they use in the race are included in the current list of approved shoe models by World Athletics (<https://www.worldathletics.org/about-iaaf/documents/technical-information>)
- c. **An athlete will not be allowed to compete** if they do not comply with Article 5 (TR5) or the list of approved shoes.
- d. If a runner's non-compliance with Article 5 (TR5) and/or the approved shoe list is discovered after the race, **their race result will be annulled**.

### 12. Runner Support:

- a. In accordance with the applicable international regulations, all male and female athletes participating in road races outside stadium are only permitted to receive refreshments from the officially designated refreshment stations established by the Organizing Committee along the route.
- b. As defined by international regulations, receiving refreshments at any other point on the course from any other person (such as a coach, escort, spectator, etc.) will result in the runner's disqualification.



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#### 13. Race Parameters and Runner Conduct:

- a. **Route Marking:** The Starting Point, course, and Finish Line are clearly defined and marked with special signs.
- b. **Route Familiarization:** The Organizing Committee will provide assistance, as far as possible, to help runners and their supporters familiarize themselves with the race route.
- c. **Adherence to the Route:**
  - i. Runners are required to run only along the designated route, ensuring they cover the exact race distance.
  - ii. All runners must strictly follow the correct course and the official signage placed along the route.
- d. **Runner Guidance:** On-site guidance of the runners from the start to the finish line, to prevent disorientation, will be provided by the Judges or other persons authorized by the Organizing Committee.
- e. **Deviation – Leaving the Official Route:**
  - i. If, for any reason, a runner leaves or deviates from the designated route, they are required to return to the point of exit/deviation in order to continue the race.
  - ii. Runners who fail to comply with the above requirement will be immediately disqualified and removed from the race at any time, without further notice.
- f. **Prohibition of Accompanying Runners:**
  - i. Throughout the race, it is strictly forbidden for runners to be accompanied by any means by coaches, supporters, volunteers, or any other persons.
  - ii. In the event of a violation of the above rule by any person, the associated runners will be immediately disqualified, and their results will be annulled.
- g. **Prohibitions of Physical Contact:**
  - i. No one has the right to touch any runner while they are in motion.
  - ii. Physical contact is only permitted in designated areas and only by physiotherapists or doctors authorized by the Organizing Committee.
- h. **Prohibition of Assisting Runners:**

Throughout the race, under penalty of immediate disqualification of the involved runner:

  - i. It is strictly forbidden for any person who is not officially registered as a runner to move alongside a runner as a “pacer.”



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- ii. It is strictly forbidden for officially registered runners to use a support vehicle or any other vehicle for any reason.
- iii. It is strictly forbidden for support vehicles to move in front of, or parallel to, on the right or left side at the same level as the runners.

#### 14.Runner Safety Measures:

During the race, for safety reasons, runners are strongly advised:

- i. To avoid using Bluetooth devices, MP3 players, iPods, or headphones connected to any music playback device, as unobstructed hearing is required.
- ii. To avoid using a phone, except in cases of emergency.

#### 15.Prohibition of Advertising:

- i. It is strictly forbidden for vehicles of individuals or runner support teams to display posters, stickers, or other materials promoting commercial products, beliefs, or purposes unrelated to the race on their external or visible internal surfaces.
- ii. Corporate and sponsor logos, as well as trademarks, are permitted only if permanently printed on the vehicle and accredited by the Organizing Committee.
- iii. Vehicles that are not compliant with, or refuse to comply with this mandatory rule will be immediately removed from the event.

#### 16.Other Race Regulations

- a. **Communication with the Organizing Committee:** Runners, their family members, escorts, media representatives, and all other interested parties are requested to communicate exclusively with an authorized representative of the Organizing Committee, who will display a distinctive badge, in order to receive instructions or information related to the race.
- b. **Accreditation of Other Persons, Identification Badges:** Journalists, TV crews, medical teams, diplomatic delegations, and all other persons, groups, and vehicles associated with the race, are required to register and be accredited to the Organizing Committee during the Registration Period prior to the race. They must receive their personal accreditation card, identification badge, and written authorization, which must be presented immediately upon request during any inspection by race officials and/or police authorities.
- c. Individuals and vehicles have a distinct role and do not interfere with, or obstruct, the task of other activities.
- d. **Penalties:** Any violation will result in the automatic disqualification of the offending persons or vehicles from the race.



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#### 17. Obligation to Stay Informed and Communicate:

- a. Runners, supporters, volunteers, media members, and all other interested parties must stay informed about all matters related to the race by visiting the official website: [www.yianniskouros.gr](http://www.yianniskouros.gr)
- b. The website publishes announcements and instructions for all categories of people interested in the race.
- c. For any race-related matter not covered by the website publications, or if additional information is required, interested parties may contact the Organizing Committee by sending inquiries to [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)
- d. Posting announcements and updates on the official race website is sufficient to demonstrate that all interested parties have been informed.

#### 18. Vehicle Movement on the Route

##### A. Support Vehicles

- a) For safety reasons, all vehicles related to the race must be driven with extreme caution and at low speed throughout the event, especially on narrow roads.
- b) All vehicles must have their hazard lights (alarm) turned on while moving.
- c) In all cases, priority is given to the vehicles of the Judges, the Organizing Committee, the Medical Team, and the Refreshment Team.

##### B. Media Vehicles

- a) Media Vehicles (TV crews, photographers, cameramen, journalists, etc.) must follow the race at an appropriate distance from the runners so as not to obstruct them, block the view, or provide any form of assistance, in any way.
- b) Drivers of these vehicles are required to obey the instructions of the Judges and other authorized representatives of the Organizing Committee.
- c) Any violation or refusal to comply will result in the immediate removal of the vehicle from the race, the revocation of accreditation for its occupants, and potentially the disqualification of the assisted runner.

#### 19. Uncovered Cases

Any situation not explicitly covered by these regulations will be resolved by the Race Director and the on-site representative of the Organizing Committee.

### Participation Sponsorship

Runners whose participation in the race is approved are asked to provide a sponsorship contribution to support the purposes of “Yiannis Kouros – Beyond Limits”

ΑΜΚΕ “Τιάνας Κούρος - Πέρα από τα Όρια” - “Yiannis Kouros - Beyond Limits” n.p. CLC

ΕΛΙΑΝΟΥ 4, ΤΚ 112 54, ΑΘΗΝΑΣ - VAT 802559548 - +306944595100

[www.yianniskouros.gr](http://www.yianniskouros.gr) - [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)



## Annual Three-Day Events

### «Yiannis Kouros 2026»



Limits” (YK-BL). The contribution should be at least equivalent to the value of the free supply package they select, and the amount may vary depending on the date the payment is made, as mentioned in the table below.

Male and female marathon runners of the Greek National Team who placed themselves in the first six (6) positions at the 2025 Greek National Championship are not obliged to provide sponsorship, provided that they indicate in the Entry Form the position they achieved in that championship.

| <b><i>1st International Double Marathon “Yiannis Kouros 2026”</i></b> |  |   |               |                  |                  |                  |
|---|--|---|---------------|------------------|------------------|------------------|
|   | <b>Package</b>                               | <b>Supplies</b>   | <b>Until→</b> | <b>30-6-2026</b> | <b>31-7-2026</b> | <b>31-8-2026</b> |
| 1   | <b>Basic</b>                                 | <ul style="list-style-type: none"> <li>• Bib Number</li> <li>• Individual Timing</li> <li>• Fluids and Refreshments</li> <li>• Storage bag</li> <li>• Participation Diploma</li> <li>• YK-BL Badge</li> </ul>   |               | <b>60 €</b>      | <b>65 €</b>      | <b>70 €</b>      |
| 2   | <b>Advanced</b>                              | <ul style="list-style-type: none"> <li>• Bib Number</li> <li>• Individual Timing</li> <li>• Fluids &amp; Refreshments</li> <li>• Participation Diploma</li> <li>• YK-BL Badge</li> <li>• Medal</li> <li>• Storage bag</li> <li>• Race shirt</li> <li>• Water Bottle</li> <li>• Cap</li> </ul> |               | <b>75 €</b>      | <b>80 €</b>      | <b>85 €</b>      |
| 3   | <b>Pupils, Students, Uniformed Personnel</b> | <ul style="list-style-type: none"> <li>• Bib Number</li> <li>• Individual Timing</li> <li>• Fluids and Refreshments</li> <li>• Storage bag</li> <li>• Participation Diploma</li> <li>• YK-BL Badge</li> </ul>   |               | <b>50 €</b>      | <b>50 €</b>      | <b>50 €</b>      |
| <b><i>1st International Half Marathon "Nikitaras 2026"</i></b>        |  |   |               |                  |                  |                  |
|   | <b>Package</b>                               | <b>Supplies</b>   | <b>Until→</b> | <b>30-6-2026</b> | <b>31-7-2026</b> | <b>31-8-2026</b> |
| 1   | <b>Basic</b>                                 | <ul style="list-style-type: none"> <li>• Bib Number</li> <li>• Individual Timing</li> </ul>   |               | <b>20 €</b>      | <b>25 €</b>      | <b>30 €</b>      |



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|   |  |  |             |             |             |
|---|--|--|-------------|-------------|-------------|
|   |  | <ul style="list-style-type: none"><li>• Fluids and Refreshments</li><li>• Participation Diploma</li><li>• YK-BL Badge</li><li>• Storage bag</li></ul>  |             |             |             |
| 2 | <b>Advanced</b>                              | <ul style="list-style-type: none"><li>• Bib Number</li><li>• Individual Timing</li><li>• Fluids &amp; Refreshments</li><li>• Participation Diploma</li><li>• YK-BL Badge</li><li>• Medal</li><li>• Race shirt</li><li>• Water Bottle</li><li>• Cap</li><li>• Storage bag</li></ul> | <b>30 €</b> | <b>35 €</b> | <b>40 €</b> |
| 3 | <b>Pupils, Students, Uniformed Personnel</b> | <ul style="list-style-type: none"><li>• Bib Number</li><li>• Individual Timing</li><li>• Fluids and Refreshments</li><li>• Participation Diploma</li><li>• YK-BL Badge</li><li>• Storage bag</li></ul>   | <b>10 €</b> | <b>10 €</b> | <b>10 €</b> |

#### Method of Sponsorship Contribution

1. The contribution should be made by depositing the amount into the account of “Yiannis Kouros – Beyond Limits” at ALPHA BANK (SWIFT CODE: CRBAGRAA), with IBAN: GR7701409960996002002008859.
2. The deposit reference must clearly state the runner’s full name and the phrase: “PARTICIPATION SPONSORSHIP FOR THE YIANNIS KOUROS DOUBLE MARATHON 2026” or “PARTICIPATION SPONSORSHIP FOR THE HALF MARATHON NIKITARAS 2026”
3. It is explicitly noted that if the deposit requires transfer fees from another bank, these fees are the responsibility of the depositor, and the net amount credited to the Organizing Committee must be at least the specified amount for each package.
4. If the credited amount is less than the specified amount, the participation will not be valid and will not be confirmed.



## Annual Three-Day Events

### «Yiannis Kouros 2026»



5. After making the deposit, the runner must send the deposit receipt electronically to “Yiannis Kouros – Beyond the Limits” at [yk.bl.2026@gmail.com](mailto:yk.bl.2026@gmail.com)

**The Mayor of Tripoli**

**Kostas Tzioumis**